

So I look healthier  
So my voice become clear and heardable again  
To improve my health  
To be longer there for my kids  
To show my kids I can do it  
To be motivated to start doing yoga again  
To be motivated to go for a teeth cleanse  
To feel less of the "cold fever" feelings I experience lately  
For my chronic pain disappear completely  
To be able to make voice calls to my family and best friends more often  
To show myself I can face my "monsters"(like my smoking tenant) and not smoke  
To be more credible with running a health website  
To have more time and energy for cleaning or tidying up the house  
To have a better chance of getting to heaven - leading a pure Christian life, pleasing God the best way I can